Centro Comunitario Florido Cuarta Sección - (664) 448 69 48

THE MUSIC

The music teacher, Reynaldo Silva continues to musically train young people without basic knowledge, but who learn easily with the "Essential Elements 2000" method that the teacher has applied for 15 years for joint classes, with which he formed the Orchestra from the Casa de la Cultura El Pípila, another orchestra in Rosarito and one more in his native Cuba. He boasts with great pride that his students graduated for their musical preparation, 60% have dedicated themselves to music professionally.

"Music is a very good resource for training young people, since it takes them away from the streets. In their rehearsals, they leave all their problems outside" Maestro Silva comments and adds: "In this class everyone is welcome, and the invitation to young people and adults to be part of the Community Center orchestra is still open, the only requirement is to want to learn.



# THE JOY OF FOLKLOR **IN ITS FULL EXPRESSION CLOSING OF COURSES OF THE BAM FOLK DANCE**





ebration of the 6th. Anniversary of the Bam Folkloric Dance

This October 22, 22 students graduated from the folkloric dance studio which is directed by Professor Mireya Soberano, with the presence of students, ex-alumni, and parents, where the joy of Mexican folklore is revealed, in the midst of an atmosphere of brotherhood. emotional With words, the teacher expressed her affection to her students and this community. As a worthy recognition, the teacher received a diploma for her 6 years of service as instructor and director of the folkloric ballet BAM. Although the event lasted for more than three hours, the attendees were motivated by the dances and the joy of the moment, where the children's group performed El Jarabe Tapatío de Jalisco, from the state of Nuevo León, performed El Pavido Navido by the duo of dancers from the youth group and the jarabe Mixe from the state of Oaxaca, performed by the youth and adult group. They also exhibited research papers on regional folklore.



Ana Paola Farrera and Lucero Estrella Sandov received a diploma for being outstanding students with 100% attendance and requirements



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## **HOUSING DELIVERY** TO THREE FAM On October 15, the desire of three leaders, assistants and managers of

families to have a decent home came this center gathered in the social true, built with all the requirements, room to witness this act, which with the security and protection that allows them to develop with peace of mind of having a safe roof. The beneficiaries, coordinators,

Karla Reséndiz

"I see it as a blessing, I live better than before. It's like a dream. I thank you very much, especially Mrs. Margie and I will repay her by trying to be happy. When Margie said "I give everything for them" she delivered. We are very fond of him, she's part of our family. This is a great gift that teaches us to help others when they need it, not only with material things, sometimes just saying: I'm here by your side, it's enough to know that you have someone. We join this C.C. on November 3, 2021, but a year ago my children went to Cinthia's school support cell. The sponsors and this community are part of my life, there are no words to thank them.



will allow them to improve the lives of each family member and have a future with greater certainty.



#### Iliana Arenas Picasso

"I work at the C.C as a teacher and "It has been a great blessing that those my desire is to study Art History. generous people gave us, who without Thanks to the support they have given me, knowing us have changed our lives, for the I am happy and grateful, because every time better." -said Claudia Toscano, beneficiary I see my goals closer and if I do not achieve of the house where she, her husband them, my children will be very proud of me and their 5 children will live- "They gave because I tried. I come from a dysfunctional me furniture, dishes, sheets, everything to marriage with a lot of violence and beatings. get to live here, thanks to Cinthia who I made the decision to get out of there. I invited me to this program. Where we don't see myself as a victim, but all of this is lived before we had many deficiencies, it an opportunity to improve.We are very well was too different, there were two rooms and my children have what they need, I only and my children slept on the floor, which got wet when it rained, on the other hand, ask that they be healthy. I thank Margie and everyone for believing in me, I feel like I'm here we are very well. In addition to the like the phoenix rising, and I know that being fact that I found another family here, but here has changed our lives. I wish happiness the most beautiful thing is the love they give us, because Juliana and everyone to all those who have offered me their hand, the most beautiful thing in life: thank you." hugged us and even cried with emotion."









#### **AN UNFORESEEN SURPRISE**

will the their

The impact is great when see that all their family they receive their home, members and leaders are due to the surprise of there. They immediately the delivery, since they know that this will be their are given an appointment home. Mr. Chris recognized early to clean and then the effort of leaders and it is explained that they the community, by working participate in a as a team to improve video in Villa Margarita. the lives of others, on In front of the cameras, behalf of the sponsors. they ask them questions he expressed the great and ask them to open satisfaction that it is to door, pretending contribute to multiplying apartment, that blessing and asked entering, they what it is like to live here

#### Claudia Toscano

#### Marco Antonio Labrada

Claudia's husband comments: "At first I was wary that it could be true that they granted us a home, but now it is a reality." With a lump in his throat, he adds: More than anything, with this they've changed my children's lives, now it will be easier. In the Rojo Gómez ejido they walked a lot to the school on a very steep dirt road and when it rained they suspended classes, because the access was cut off. Now in Villa Margarita I made more friends and we live as a family. With this sponsorship, the lives of my family have improved, which is the most important thing to me. Today I feel that what is happening to me is like a movie. My daughters are very happy and that's priceless. I thank everyone and especially Margie for what she does for me and everyone, it truly changes our lives.

#### Centro Comunitario Florido Cuarta Sección - (664) 448 69 48 THE SERVICE IS A REWARDING **EXPERIENCE, SAY LOYOLA STUDENTS** Young university students from need it most, as is the philosophy



Loyola Marymount visited this and objectives of the "Group community last October, pouring of Colors" of Loyola University. concrete and building a floor in One of the boys wanted to the "terreno de la mamá" house. keep the work glove, to keep Those who carried out this activity in mind the commitment to for the first time expressed their return to this community to help gratitude for having one of the people who doesn't have the most significant experiences in their lives. The Casa del Migrante This activity was coordinated by sheltered them and although they Mrs. Josefina Suárez, leader of suffered some inconveniences, they overcame it by the Valle -one of the pillars of the satisfaction of helping those who community center organization.

opportunity to have the basics. the community of Terrazas del

#### possible thanks to the auxiliaries of each community, they are in charge of the planning and selection of work, the place and the requirements for everyone to be present and carry out the work. Aureliano -as head of the program- visits all projects to help and guide the work towards the objectives. He stays with the community that has less experience and then, if he has enough time, he returns to supervise. On Monday he visits to find out the progress, based on the reports The last days of his life he took made by the assistants. Scholars the joy of the BAM community also help with progress reports. and finally died a peaceful death.

The great satisfactions are that the sponsors are happy and surprised by the kindness of the program and that the beneficiary is gaining confidence by integrating. One of the most significant experiences was that a lady who was just joining the program always wanted them to be with her and kindly offered food. He looked very happy despite his poor health and he felt so much like family that he gave each of the members of the group nicknames.



# GRANDPARENTS PROGRAM TAKES STRENGHT IN **HIS SECOND STAGE**

they have accumulated over the share some quality time, starting and they look forward to that day.

This program attends to the with a testimonial session where affective needs of the people most they narrate their experiences, appreciated due to the experience share their states mood and then engage in recreational activities of years: grandparents. Coordinated their choice, such as music, dance, by the auxiliaries and leaders of painting, and drawing. In addition, Altiplano, Terrazas I and Lomas del they are treated with haircuts, nail Valle, each month they go to their painting, beauty masks and at the homes to take them to a "green end a pantry is raffled off, which house" where 36 older adults makes their existence more bearable

## November 2022 **A MEMORABLE CAMPING**

An unforgettable experience lived by the more than 80 scholarship holders of the community center on October I and 2, at a ranch in Tecate. These young people who participate in community activities deservedly received this sponsorship in recognition of their efforts. To guarantee the organization and safety of the young people, they were accompanied by Sugey and Lina from the kitchen, by the ms. Gabriela, coordinator of interns, leaders and managers.





Back at the ranch they set up the tents, amid jokes and camaraderie, with the generosity that characterizes the scholarship recipients, they shared tents.



The director of education, Claudia The results were very good, as every Hernández, conducted icebreak- one had fun and there were no incier dynamics, so that they got to dents. -commented the general diknow each other and created affec- rector, Lizbeth Ojeda. It was guite tive bonds in a favorable environ- an adventure, as there were team ment, finding points of agreement activities, sporting events, competi--which was the objective of the tour. tions and very emotional moments



SCHOLARS OPINION		
"A unique experience to have attended. It was wonderful to see a full sunset due to the natural environment"	"I loved being there, I made new friends, I felt trusted, accepted and appreciated."	"They were unforgettable mom I liked sharing time with everyou if we were a family."
Marcia Dueñas	Aldo Hernández	Miguel Hernández



The dads program helps those who cannot afford to have a green house or who already have it, but want to improve or repair it, to have a decent living condition. There are groups of this program in all the communities where BAM works, some do 3 to 4 works per week. In total there are 12 or 13 projects every Sunday, with approximately 80 parents. Those who pay hours for their green house or are

applicants or volunteers with different trades participate, and that's why it has worked, because there is knowledge and experience. In this program miracles are made with the resource that is given to them. Aureliano Crisóstomo, the person in charge of this program, comments that the parents have understood and have committed to the project, wanting to help. The solidity of the work of parents is



# SCHOLARSHIP TOUR TO THE MUNICIPALITY OF TECATE



The arises that they must attend to, organized on Sunday, September work team

leadership work in the 18, which was attended by 140 community is exhaustive for the people including leaders, auxiliaries, eaders and assistants, there are no workers, and their families. From lays off when a problem or need the ride in the middle of jokes, they sang to make every moment worth arises that they must attend to, sang to make every moment worth which does not allow to be with remembering. They enjoyed food the family as one would like. In and on a very hot summer day they recognition of so much dedication cooled off in the pool. During the and personal commitment to help day they played games and walked, others, thanks to sponsors, a family théy sháred á time happily together outing to Rancho "Los Cactus" was to 'become more integrated' as a



enioved swimming and games in the pool

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#### LINKED COURSES THROUGHT C. WITH CECA

Authorities from the General Directorate of Training Centers for Industrial Work, (CECATI) and the director of school 144, Leopoldo Cruz Molina, approved to teach and endorse courses for people from this community who seek to improve themselves; they have specialized teachers in these training workshops. At the end of these courses, they receive an official certificate certified by the SEP, which will allow them to improve their income and give their families a more prosperous life.



The Initial and Preschool Educational Assistant course began on September 17, with three-hour sessions on Saturdays and was very well received by the community, since they will be trained to work in a daycare center or as preschool support.



On the other hand, the Dynamic Conversational English course has been in great demand, since registration for the second course is already complete, which has two schedules, Saturdays from 2:00 to 4:00 pm and from 4:00 to 6:00 pm.



In the same way, the 20-hour Office course began on September 12 with 33 students enrolled, with the convenience of attending 2-hour sessions on Saturdays. In this course they will learn the use of computer programs and tools for office work.



The Support for Electrical Installations course is one of the most popular, since work as a technician is in high demand since they will be trained to fix the electrical system of homes, which will allow them a better income due to the knowledge that he obtained here and with the comfort of attending only three hours on Saturdays.

## **ELEMENTARY CHILDREN ATTEND ROBÓTICS ON THE UTT ORGANIZED BY SECTOR 7 OF FEDERAL PRIMARY EDUCATION**





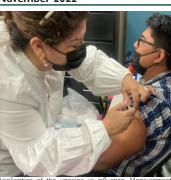


5th grade kids and 6th. primary grade students who attend robotics classes at the community center since November 15, Tijuana. These classes keep them from 2:00 p.m. to 4:30 p.m.

excited and very participatory, said course will end on December

This workshop is taught in a classroom equipped with stateof-the-art technology, with digital touch equipment, construction materials for robots and circuits, everything required to improve

their knowledge in this activity. The STEM program, to which they joined, aims to develop a technological community through a creative space that applies innovative learning experiences, which in turn will develop critical, creative and systematic thinking for problem solving and social training. of respect for diversities in gender equity. This insertion was possible thanks to the teacher Luis Manuel Córdova Román, head of Primary Education of sector 7, to whom this BAM community thanks this opportunity. Robotics classes at the community center. continue under the instruction of Professor Ismael Torres, from have been preparing with two 9:00 a.m. to 11:00 a.m., 11:00 a.m. hours a week in Robotics at to 1:00 p.m., 1:00 a.m. to 3:00 the Technological University of p.m., and Tuesdays and Thursdays





#### **IMPORTANCE OF HEALTH** THROUGHT PREVENTION

Thanks to the agreement with the Secretaría de Salud, vaccines against influenza and hepatitis will be used starting this October. With what is expected to have a healthy community with quality of life, -concluded the coordinator of the program.

THREE OUT OF TEN **PEOPLESUFFERING DIABETES DO NOT KNOW** In an interview with the internship

coordinator of the program, Salma Álvarez, she reported that the campaign for the prevention of chronicdegenerative diseases began in October, with attention to the staff and community of the community center, by taking vital signs, glucose, blood pressure, height and BMI, complementing these actions with activities such as the promotion of a good diet, in addition to physical activity, with which it is hoped to have a healthy community.







As of September 22, 25 children from 7 to 8 years old began their soccer training, on Tuesdays and Thursdays from 5:00 to 6:30 pm. to achieve control of the ball on the court. They seek to form teams so that in the future they can register in a league. The coach José Orlando Ortiz Valenzuela teaches physical activation classes in this center and prior to this group he trained two teams with children aged 8 and over, in mutual learning, who, due to their efforts, managed to go to the state tournaments in March of 2020 in Rosarito. from an early age in children.

Some joined other teams at a higher level, particularly one selected to go to the Puerto Vallarta team stands out, while on the other hand, other young people dropped out due to their school demands. The members of this new group are very enthusiastic and want to learn, an interest that is evident by their perseverance, only some feel frustrated by the lack of previous knowledge and skills in this sport, which shows the importance of instilling interest by extracurricular activities

## **GRADUATES IN NUTRITION** THEY IMPROVE THE HEALTH OF THEIR OWN FAMILY



A very large group attended the Nutrition course, which was given in October to promote healthy eating and, consequently, the health of all family members. The course ended with a sample of healthy dishes made by the graduates, who received their diploma that day.

### **DIEGO PADRES SCORES A HOME-RUN!** HAPPINES AND A LOT OF FUN ON THIS CHRISTMAS CELEBRATION

On December 11, thanks to the generosity of the "Los Padres" team from San Diego, dozens of children who have been attending school reinforcement classes will have a Christmas party that will bring them great joy, as they will have a bounce house, music, food, surprises and gifts delivered by Santa himself on behalf of this generous team, which has been present in actions of great love for the families of the BAM community.





With great joy and enthusiasm, met with them to express their

eleven families organized a gratitude, express their expectations gathering for the Pancake House and achievements. They listen to them, family, as a thank you to the great thank them and value the progress of heart of their sponsors, which each family. The sponsored cooperate allowed the members of these for this gathering according to their families to have a roof, start a possibilities in honor of those people business and others, receive who have come to change lives and support to prepare professionally. . what has allowed them to get ahead For the past 8 years around due to the trust and affection of Christmas, sponsored families have their sponsors to achieve their goals. Pag. 3

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## **PRODUCTIVE PROJECTS** ARE CONSOLIDATED

The area of P.P. coordinated by Eréndira Flores with her assistant are given the tools to do market Rosa Idalia Hernández and the advice analysis, so that they know the of Eduardo Monroy, a graduate in Community Development, work as a team to help families improve their economy through advice and training to create small businesses. The first step is to help them clarify the ideas of what they want to do, according to the and leaders. At all stages they are knowledge of the activity and the previous experience that allows so that their company is successful. them to have a profitable idea. An In the second step comes the microenterprises training, which is provided at the bakery, sewing, and burritos.

Business School. In parallel, they demand for the product or service they want to do, the competition they will face. and the analysis of production costs and sales prices. To materialize the projects, they are granted loans that are authorized by a council made up of assistants given advice and accompaniment. example of successful are



#### ANALIZE NEEDS LEADERS



## **AND GIVE SOLUTIONS TO COMMUNITY PROBLEMS**

In weekly meetings, leaders and assistants meet with managers to present the needs of their sectors, while reviewing their strengths and weaknesses to serve their communities more efficiently. In an open forum they express opinions that show their love and commitment to social service.

## BAKERY **A PRODUCTIVE PROJECT OF SUCCESS**

The bakery located in Plaza San José is a productive project that supports families in the BAM community. It started in 2019 as a workshop until April 2022, training in the production and marketing of bread, with the aim of creating trades and later, businesses. Currently, those in charge of the project are Margarita Villarreal and Janeth Reyes, whose hard work does not go unnoticed.



The sale is essential since depending on the demand is how the bread is produced. The profits are used mainly for the purchase of inputs, the rest is for producers and sellers. although work continues to improve, because in the words of laneth, it is close to obtaining an oven that would reduce production time by almost half. which facilitates both production and distribution by vendors and subsequent distribution by route, which is constantly expanding, passing through the Community Center, Altiplano, Maclovio Rojas, Laurel, Florido, Morita and Refugio. The project today has very good numbers, thanks to the participation of everyone who makes it possible.





This Sunday, October 23, 32 people graduated under the coordination of Rosa Evelia Gómez. This event included II graduates of the Nail workshop of the Terrazas cell. The graduates received their diploma in an environment of great formality and elegance of Housewives who require an a grand gala, with natural flower arrangements. At the end of the event they enjoyed a light ambigu and their sponsor gave them a gift. The words addressed to the graduates, the sponsor Beth, were very emotional, acknowledging the effort and sacrifice they made during their

preparation that culminates in the joy of this moment. The attendees admired the evidence notebooks of professional practices, which evidence learning and skill, which allows them to perform well professionally.

additional income to meet the food needs and other basic requirements of the family participate in the beauty workshops. Moved by love for their families, they work hard and enthusiastically attend their classes, hoping to prosper.

# **WHOWEARE** COMMUNITY

Angélica from Oaxaca arrived in Tijuana and Florido in 2005, although she had already known BAM the previous year, her family joined the community as volunteers and house #45 was built for her.

Previously they lived in a very humble house with their newborn daughter and her husband. Since there was no building or community center, they would come to his house to feed the volunteers. "I was excited to see that Juliana, Chris, their family and sponsors helped selflessly, just moved by love, and that is contagious.-Angélica comments very simply, who began to get more involved as a volunteer, helping from the heart to other people materialize their desires for housing.

Now as coordinator of the leaders, she continues to work with that love and dedication that she learned from Iuliana and Chris, in a team effort that multiplies the work of BAM, since to date 560 houses have been built, in addition to Villa Margarita.











# MASS GRADUATION **FROM BEAUTY GROUPS**

"I witness the progress in the lives of my students, like Lupita who worked at night and attended classes in the morning and now, independent, she works at home and is now looking out for her daughter."

Comments the skin care instructor, Rosa Evelia Gómez, who has been teaching these workshops for 13 years and throughout these years, with skin care and makeup, she has joined other workshops to provide care in all areas. The teacher specializes in applying accessible and natural materials that do not harm the environment.

nstructora: Rosa Evelia Góm





# NAILS

ographs of some of the graduates of the beaut

## **SKIN CARE** GRADUATES

